## School Council Meeting Agenda



Date: November 21, 2024

I. Agenda items brought forward to School Council

1) **Screenstrong** student presentation and follow up parent presentation scheduled for January 23rd. The presentation is delivered by "Frisbee Rob" and his message is regarding screen time and the impact on mental health. The school will cover the cost of the school wide assembly and class by class workshops (approx. \$700). Will School Council cover the cost of the parent information evening? (approx. \$500). These costs include travel from Calgary.

The parent information evening will be in-person at the ISS between 6-7:30pm. Location in the school TBD depends on the number of participants. The presenter is also flexible to stay longer if needed based on parent questions.

Program description form the presenter:

I'm excited to announce my new partnership with <u>Screenstrong</u>, an organization dedicated to helping families prevent Problematic Interactive Media Use (PIMU) and replace harmful screen use (social media, video games, and more) with healthier activities, stronger family connections, and life skill development.

Through this partnership, I'm offering workshops and presentations for both students and parents that provide practical strategies to reduce screen dependency. Students will learn the benefits of healthy habits, while parents gain the tools to guide their kids away from PIMU behaviors and towards meaningful, real-world experiences.

- Student Assemblies & Workshops: A blend of frisbee activities and Screenstrong principles to promote healthy habits.
- **Parent Workshops:** Practical strategies to reduce PIMU and replace toxic screen time with meaningful family interactions.

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2) 2023-2024 Annual Education Report can be found on our school website (will be posted later this week)

3) Will the School Council cover the costs of food for staff during interview evenings for the year? About \$500?

- II. Committees
- III. School Council Financial Report
- IV. Other:
- V. Next Meeting:
- VI. Adjournment